

TOT COURSE FOR EFFECTIVE MANAGEMENT OF MEDICAL LABORATORY COMMODITIES

Participants Manual

NOVEMBER 2012







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TOT Course for Effective Management of Medical Laboratory Commodities.

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FOREWORD

Effective laboratory services are an essential part of a functional health service system. Laboratory services support the prevention, diagnosis, management and surveillance of diseases, leading to improved management of disease, essential public health outcome and disease surveillance. The Ministry of Medical Services (MOMS)/ Ministry of Public Health and Sanitation (MOPHS) are both charged with the responsibility of ensuring the availability of safe, efficient and quality laboratory testing services.

The Ministries of Health have been implementing strategies aimed at ensuring laboratory services provide reliable, valid and timely results required in supporting the health programs. Uninterrupted availability of functioning equipments, tests kits, reagents and consumables including their rational use is mandatory to realize this support.

Inadequate/lack of laboratory management skills and knowledge coupled with limited resources has resulted in inadequate availability of the commodities supporting the laboratory services. The in-service training of Laboratory staffs in Laboratory commodity Management including developing TOT pools from those trained is part of the ministries' strategy to address these gaps at the health facility level to realize fully functioning diagnostic and monitoring laboratory services.

The Ministry of Public Health and Sanitation and the Ministry of Medical Services wishes to recognize all the stakeholders for their input, without which these Commodity management materials would not have been developed.

The ministries would also like to sincerely thank the partners for providing the support required to come up with these critical Commodity management materials.

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We appreciate the financial support provided by USAID and the technical guidance and leadership from MSH/ HCSM program.

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ACRONYMS AND ABBREVIATIONS

DOMC Department Of Malaria Control

CDC Center for Disease Control

EDARP Eastern Deanery Aids Relief Program

GOK Government of Kenya

HCSM Health Commodities Services Management Program

KEMSA Kenya Medical Supplies Agency

KNH Kenyatta National Hospital

KMTC Kenya Medical Training Centre

LCM Laboratory Commodity Management

MOH Ministry of Health

MOMS Ministry of Medical Services

MOPHS Ministry of Public Health and Sanitation

MSH Management Sciences for Health

NPHLS National Public Health Laboratories Services

ToT Training of Trainers

USAID United States Agency for International Development

WHO World Health Organization

1. INTRODUCTION

Laboratory services have been affected by shortages, stock outs, expiries and wastage of essential commodities. These are as a result of poor documentation of the use of lab supplies, poor selection of laboratory commodities to be provided, limited knowledge and skills on laboratory commodity management due to inadequate training.

Laboratory personnel in Kenya are over 2000. Most have undertaken their training in local medical training institutions that do not incorporate Laboratory commodity management in their curricula. The few who have been trained on Laboratory Commodity Management have benefitted from in-service training programs. To bridge the gap in the number of staff requiring these skills and knowledge, MOMS/MOPHS have sought to develop the skills of laboratory staff to train their colleagues on LCM and therefore reduce the challenges noted above.

2. PURPOSE OF THE COURSE

The goal of this course is to equip participants with the necessary knowledge, skills and attitudes to be able to organize and execute training of laboratory personnel on Effective Management of Medical Laboratory Commodities,

Specific objectives of the course are to enable participants to:

- Define effective training & adult learning
- Name factors that would influence effective training
- Outline characteristics of adult learners
- Describe conducive learning environment for adult learners
- Select appropriate training methods
- · Apply modern training methods
- Apply effective training skills
- Make presentations effectively
- · Describe elements of planning a training
- Evaluate training programs

3. TARGET GROUP

The course is designed for laboratory managers and senior laboratory managers who have undergone the training on laboratory commodity management.

4. COURSE DURATION

The course is designed to take two (2) days and will focus on the theory and practice of effective training.

5. CERTIFICATION

The participants of the course will be awarded a certificate of attendance after attending all sessions outlined in this curriculum.

6. COURSE ORGANIZATION

This course is organized into seven (8) sessions which are closely related.

Session 1: Course Overview

Session 2: Effectiveness in Training Session 3: Training Methods and Skills

Session 4: Presentation and Facilitation Skills

Session 5: Exercise: Application of Principles Learnt

Session 6: Evaluation of Training Programs

Session 7: Planning and Preparation for a Training Workshop

Session 8: Action Planning

7. TRAINING/FACILITATION

This course will involve various teaching methods and will emphasize methods appropriate for adult learners. These methods will include overview and illustrated lectures, small group discussions, class exercises and demonstrations.

8. PERFORMANCE ASSESSMENT

Facilitators will continuously assess participants through question and answer sessions. Pre-test and post-test questions will be administered at the beginning and at the end of the course. Assignments will be given and the learners will be expected to make decisions based on the information provided in the assigned case studies. This will form an important part of the assessment. In addition, evaluations will be administered to obtain feedback on the course content, delivery and trainer.

9. CURRICULUM IMPLEMENTATION

The trainers/facilitators for the course will be drawn from healthcare providers who have expertise and experience in laboratory commodity management. The time schedule for the course will be between 8 am to 5 pm with tea breaks and a lunch break in between. The course will last approximately 2days providing 8 hours of didactic and practical sessions as outlined in this curriculum.

10. CURRICULUM REVIEW AND CHANGE

There will be a course evaluation by participants and implementers at the end of each course and appropriate changes should be made where necessary. After the first course there will be a review of the curriculum by all stakeholders. The stakeholders will evaluate the course objectives, course content and all the resources for the course. Subsequent periodic reviews will be conducted after 5years.

SESSION 1: COURSE OVERVIEW

Session Outline

Duration: 30 minutes

Objective

The objective of this session is to describe the course goal, objectives, target audience and structure; teaching methodology and materials.

Content

Course objectives, structure, methodology, outline, teaching and reference materials and course program.

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Course objectives, structure methodology, outline, teaching and reference materials and course program.	Lecture/Discussion	30 minutes

Session 1: Course Overview	
Goal	
• To strengthen the capacity of participants (by imparting the required knowledge,	
skills and attitudes) to successfully	
organize and execute a training on	
Effective Management of Laboratory commodities	
Commodities	
Specific Objectives (1)	
By the end of the workshop, participants should be able to—	
Select and apply appropriate training methods	
Define effective training & adult learning	
Name factors that would influence effective training	
Apply effective training skills	
Outline characteristics of adult learners	

Specific Objectives (2)

By the end of the workshop, participants should be able to—

- Describe conducive learning environment for adult learners
- Describe elements of planning a training
- · Organize for presentation techniques
- · Evaluate training programs
- Discuss practical tips for workshop facilitation



Role of TOT Training in Laboratory Commodity Management

- TOT training will develop skilled trainers for LCM.
- A skilled trainer is an asset in LCM
 - Develop competent and committed HR for LCM
 - Support staff to conduct LCM efficiently and effectively
 - Great confidence in handling and disseminating LCM related information
 - Engage in continuous learning and adopt best practices



Benefits of ToT

The training of LCM trainings will lead to :

- Implementation of standardized curriculum on LCM
- Provision of quality lab services through systematic training



Target Audience

 Laboratory managers and other Senior Laboratory personnel who have been trained on Effective management of Laboratory Commodities



Course Methodology

- Pre and Post Training Self Assessment
- Adult learning Training Methods
 - Lectures, Discussions, Buzz sessions, Role Plays, Class exercises/practice sessions, Case Studies & presentations
- Session and Overall Course Evaluations
- Certification



Course Structure

Two (2) day residential training comprising of didactic class sessions and practical sessions

This course is comprised of 7 sessions

- · Session 1: Course Overview
- · Session 2: Effectiveness in Training
- · Session 3: Training Methods and Skills
- · Session 4: Presentation and Facilitation Skills
- Session 5: Application of Principles
- · Session 6: Evaluation of Training Programs
- Session 7: Planning and Preparation for a Training Program
- Session 8: Action Planning



Course Materials

Participant Materials

- Pen, Writing Pad, Name Tag
- Lecture Power points & Reference Materials
- Trainers Notes & Participant Handouts for "Effective Management of Medical Laboratory Commodities"



	Course Program
Day	Activities
1 (8am- 5pm)	Session 1: Course Overview Session 2: Effectiveness in training Session 3: Training methods and skills Session 4: Presentation and Facilitation Skills Session 5: Application of principles learnt
2 (8am- 5pm)	Session 5 Cont'd: Application of Principles Learnt Session 6: Evaluation of Training Programs Session 7: Planning and Preparation for a Training Program Session 8: Action Planning Way Forward, Course Evaluation, Closing Ceremonies and awarding of certificates



SESSION 2: EFFECTIVENESS IN TRAINING

Session Outline

Duration: 1 Hour 15 Minutes

Objective

At the end of this session, participants will be able to:

- · Define key terms e.g. effective training, adult learning
- Outline characteristics of adult learners
- Name factors that would influence effective training
- Describe conducive learning environment for adult learners
- List the roles of a trainer

Content

Key terms, characteristics of adult learners, characteristics of child learners, factors influencing effective teaching, environmental factors necessary for adult learning, handling various personalities during training

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Key terms, characteristics of adult learners, characteristics of child learners, factors influencing effective teaching, environmental factors necessary for adult learning	Lecture Discussion Buzz groups Case scenarios	1 Hour 15 Minutes

Session 2 **Effectiveness in Training**





Objectives

At the end of this session, participants will be able to:

- Define key terms e.g. effective training, adult learning
- · Outline characteristics of adult learners
- Name factors that would influence effective training
- Describe conducive learning environment for adult learners
- · List the roles of a trainer



Definition of Effective Training

Effective Training refers to a successful, planned and systematic process that aims to modify the knowledge, skills and attitudes of a trainee in order to improve performance.



Systematic Approach to Training

- · Step 1: Identification of training needs
 - Collection of information on target group, gaps in performance
 - Assists in tailoring the training to identified needs
- Step 2:Plan and design of the training program
 - Should address purpose of the training, required resources, order of events etc
- Step 3:Implementing Training Programs
- Step 4:Evaluation of Training Programs
 - Assesses whether the objectives were met, training solved identified problems etc



What is Adult learning?



Adult Learning

- The acquisition of knowledge, skills and attitudes by adults
- "....A cooperative venture in nonauthoritarian informal learning, the chief purpose of which is to discover the meaning of experience..." (Eduard Lindeman)



Adult Learners V	s. Child Learners
Adult Learners	Child Learners
Learning dependent on usefulness of information	Learning product of curiosity and academic pressure
Independent (not dependant on the teacher)	Dependant on teacher
Question what they are taught	Accept what they are taught without question
Have experience	Lack experience
Focus on problems(prefer	Focus on the subject

More Characteristics Of Adult Learners

- 1. Have own perceptions about how to learn
- 2. Are self-directed
 - need to take some responsibility in the learning process
- 3. Have high expectations
- 4. Have varied backgrounds
- 5. Have other competing interests
- Enjoy open-minded, critical, reflective sharing.



Key Considerations for Adult Learners

- · Need time to absorb
- · Need feedback on progress
- Need to maintain self-esteem even among peers
- Need a variation in learning methods



Conducive Environment for Adult Learners

- Physical Settings
 - Comfortable & free from distractions
- Encourage mutual respect.
- Advocate for openness-freedom of expression
- Promote collaboration and not competition
- Ensure group interactions
- Deliver supportive training
 - Accommodate trainees feeling, ideas
- Opportunity for active learning



Discussion

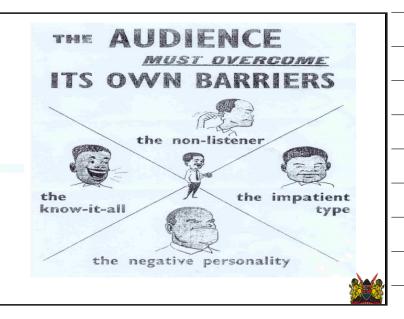
Name factors that can influence effective training



Factors Influencing Effective Training (1)

- 1. Physical setting of the training venue
 - Temperature, lighting, location, accessibility
- 2. The trainer
 - Impression, listening and communication skills, level of knowledge
- 3. Trainee
 - Attitudes, level of knowledge





Factors Influencing Effective Training (2)

- 4. Training Materials
 - Content, Presentation, Evaluation, References and recommended reading
- 5. Teaching methods and aids
 - Involvement & evaluation of trainee, summary of the session, assignments
- 6. Time management
- 7. Group Dynamics



Group Dynamics

- Adults in a setting are governed by group dynamics which evolve with time.
- It is a process that goes through several sequential steps.
- It is important for the facilitator to be aware of these group dynamics so he/she can accelerate the process so that learning can be achieved.



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GROUP DYNAMICS

FORMING

STORMING



NORMING



PERFORMING



TEAMWORK



PARTING/DISSOLUTION



What are the Roles of the Trainer?







Roles of the Trainer

- Group leader
 - Guides in setting goals and keeps the group focused
- Planner
 - Identifies knowledge, skills & attitudes to be acquired and sets objectives and activities
- · Group member
 - Engages participants in discussions
- Facilitator
 - Provides resources, activities, speakers etc



Roles of the Trainer

- Audience
 - Listens and assesses participants when they are presenting
- Learner
 - Students may present new ideas that the trainer can also learn
- Role model
- Communicator



Qualities of a Good Trainer

- Experience
- Knowledgeable
- Good communication skills (listening and speaking)
- Observant
- Respectful



Case Scenario (1)

- You have been asked to facilitate a 2 hour session on management of Laboratory Commodities to a multi-disciplinary team of health care workers in a district hospital. One participant is dozing while attempting to cover his eyes while another one at the back is catching up with the day's news.
- How would you handle the situation?



Case Scenario (2)

- You are facilitating an update session on CD4 testing methodologies to a group of medical officers and Lab Technologists in a national training. One participant keeps raising up her hand to ask you about newer and cheaper CD4 testing methods that you have never heard of.
- How would you handle the situation?



Thank You



SESSION 3: TRAINING METHODS AND SKILLS

Session Outline

Duration: 1 Hour 25 Minutes

Objective

At the end of this session, participants will be able to:

- Describe various training methods and skills
- · Discuss the application, advantages and disadvantages of various training methods
- · List some factors to consider when selecting a training method/ skill

Content

Types of training traditional and modern methods and skills, application, advantages and disadvantages of each teaching method. Teaching aids, advantages and disadvantages of each, tips for use of teaching aids

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Types of training traditional and modern methods and skills, application, advantages and disadvantages of each teaching method. Teaching aids, advantages and	Lecture Discussion Buzz groups Case scenarios	1 Hour 25 Minutes
	disadvantages of each, tips for use of teaching aids		

SESSION 3: TRAINING METHODS AND SKILLS

Session 3

Training Methods and Skills

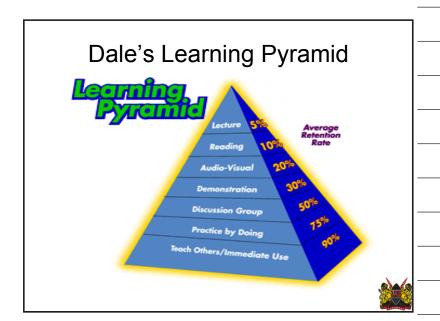


Objectives

At the end of this session, participants will be able to:

- Describe various training methods and skills
- Discuss the application, advantages and disadvantages of various training methods
- List some factors to consider when selecting a training method/ skill





Discussion

Which conventional training methods do you know?



Conventional Training Methods (1)

- Lecture
 - Useful when presenting ideas, concepts, theories, principles etc
 - -Requires an outline and summary
 - -Limited two way communication



Conventional Training Methods (2)

- Brainstorming
 - Spontaneous method of generating innovative and creative ideas
 - Highly participative, productive and synergistic
 - -Useful for problem solving
 - Effective for small groups



Conventional Training Methods (3)

- Role play
 - Useful for training interpersonal and communication skills
 - -Effective when changing attitudes
 - Time consuming, requires good planning,may be offensive to some participant



Role Play





Conventional Training Methods (4)

- Simulations
 - Involves reproduction of situations close as possible to real life while in the training room.
- Demonstration
 - -Showing how something works practically
 - -Suitable for training in skills
 - Has quick results and immediate feedback



Conventional Training Methods (5)

- Field Trips/ Practicals
 - Trainees travel to a field location to observe processes, systems etc
 - -Enhances relation of theory and practice
 - Requires clear objectives, good planning and adequate resources



Field Trips/ Practical Sessions







Conventional Training Methods (6)

- Case Study Method
 - Uses real or imaginary but realistic
 situations to train in problem solving,
 decision making or learning concepts and
 principles
 - Brings realism in a session, allows for group interaction and sharing
 - -Slow, time consuming





Conventional Training Methods (7)

- Buzz Groups
 - Small group discussions of 2-4 people; held for 1-2 minutes
 - -Aim to come up with ideas or examples
- Group Exercises
 - Provides hands on practice without the risk involved when the activity is done in the real working set up

Conventional Training Methods (8)

- Group Discussions
 - Verbal interactions in problem solving,planning, strategy formulation etc
 - Effective when clarifying ideas, sharing
 knowledge and experience, team building



Group Discussion Session On SOP Development



Tips for Group Discussions (1)

- · Be prepared
- · Be focused
- Speak clearly
- · Face your audience
- · Establish a friendly atmosphere
- Be attentive to participants
- Praise participants for good work acknowledge hardworking and attentive participants

Tips for Group Discussions (2)

- Keep instructions for activities clear and concise
- Check participants' understanding of the task
- Proceed one step at a time make sure everyone has completed each step before moving on to the next one
- Summarize each small group activity
- Use relevant examples from your own experience



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Discussion

What modern innovative teaching methods are recommended?



Innovative Teaching / Learning Methods

- · Small group tutorials
- · Problem Based Learning
- Computer Assisted Instruction (e- learning)
- Self-Directed Learning e.g. Independent Study
- Project development
- Case study
- Electives



Buzz Group

What traditional teaching skills are used in medical education?



Traditional Teaching

Microteaching Skills

- 1. Set Induction
- 2. Reinforcement
- 3. Stimulus Variation
- 4. Questioning
- 5. Use Of Examples And Illustrations
- 6. Closure



Buzz Group

What modern innovative training skills are recommended?



Modern Training Skills

- Facilitate
- Advise
- Guide
- Inform
- Participate



Facilitation

- Involves conversion of the subject to be discussed into key questions, experiential exercises, group activities etc so as to draw out group's collective knowledge on the subject
- Aims to allow trainees to be part of the process



Trainer vs. facilitator vs. teacher

- Trainer
 - gives trainees necessary knowledge, skills and attitudes to enable them to adjust to certain situation or perform specific tasks
 - Main source of information and knowledge
 - Occasionally allows trainees' contributions
- Facilitator
 - Enables learners to analyse issues
 - Co-learner
- Teacher
 - gives information, directs, controls
 - Learners have little contribution to the process



Selection of a Training Method and Skill

- Understand application, advantages and disadvantages of each method/ skill
- Factors to consider
 - Human factors e.g. participants' intellectual level, size of group,
 - Training objectives
 - Nature of the subject
 - Time and other required resources allocated
 - Link between training method and principles of effective learning



Teaching Aids:

- · Flipchart or whiteboard
- · Print materials/Handouts
- · Wall charts
- Slides
- Videos
- Overhead projector and transparencies
- Samples of materials mentioned in the training for demonstration purposes:
 - Charts, test kits, forms and registers, reagents sample



Group Discussion (10 min)

What are the advantages and disadvantages of each teaching aid?



Summary: Teaching Methods & Skills

Encourage:

- Performance based instruction
- Ensure active participation & individualized instruction to increase learning
- · Give and request for immediate feedback
- Apply a variety of teaching methods and skills
- Practice positive reinforcement and motivation



Thank You



Additional Reading Material on Teaching Aids

Teaching Aid	Adv	Advantages	Dis	Disadvantages	Tips	S
Power point Presentations and overhead / LCD projectors	00000	Professional in appearance Ideal for both large and small groups Animated ones can create interest Easy to update Evidence of preparation Enables interaction with audience	0 000	Require special equipment/ facilities (electricity, screen) Require training to create and use Development takes time Formal and impersonal	0 0 000000	Switch off when not in use in order to draw the audience's attention away from a blank screen. Check that the projector has an extra bulb and you are able to replace it. Only one topic per slide. Use outline formats, not paragraphs. Use bullets, not numbers (unless showing rank). Try to use the 6 x 6 rule. Use readable type size and font. Choose color carefully.
Whiteboards	0	Flexible- easy to erase and amend information	0 0	Limited capacity No permanent record	0 0	Use a clean white board Use appropriate pens and eraser
Videos	0 0	Professional in appearance Good for both large and small groups	000	Relatively expensive Require special equipment Not good for discussion or interaction	00000	Preview the video before presentation Cue the video so that it is ready to roll when required Provide some lighting that allows participants to take notes Play the video at an appropriate volume (if necessary, use speakers) Pause the video at appropriate times to allow for discussion
Transparency	0000	Good for large groups Easy to create Easy to transport Open to interaction with groups	0	Impermanent;they yellow with age	0000	Check pens to be used Check best position to avoid blocking the screen Use a pencil as a pointer to emphasize the details Avoid putting too much detail on a transparency
Flip Chart/ Posters/ Pictures	0 00	Easy and inexpensive to make and update Portable Good for interaction with the audience	0 0	Unsuitable for large groups Anxiety provoking for a facilitator with poor handwriting or poor spelling	000000	Consider using more than one flip chart Identify suitable locations in the room Use a range of pen colours Identify how you are going to secure the sheets Write rapidly and quickly Talk as you write and face the audience if possible Use symbols, circles and underlines to help separate ideas and highlight key concepts

SESSION 4: PRESENTATION AND FACILITATION SKILLS

Session Outline

Duration: 1 Hour 30 Minutes

Objective

By the end of this session, participants should be able to—

- Identify and discuss issues associated with making a presentation
- Discuss how to prepare for an oral presentation
- Give examples of helpful hints toward improving presentation and facilitation techniques

Content

Preparation for oral presentations, structure of oral presentation, handling questions, asking questions

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Preparation for oral presentations, structure of oral presentation, handling questions, asking questions	Lecture Discussion Buzz groups Case scenarios	1 Hour 30 Minutes

SESSION 4: PRESENTATION AND FACILITATION S	KILLS
Session 4 Presentation and Facilitation Skills	
Objectives • By the end of this session, participants should be able to— — Identify and discuss issues associated with making a presentation — Discuss how to prepare for an oral presentation — Give examples of helpful hints toward improving presentation and facilitation techniques	
"I've learned that you can get by on charm for about fifteen	

minutes. After that, you'd better know something."

H. Jackson Brown, Jr.

Features of a Good Presentation

- Persuasive or informative content
- Interesting visuals
- Engaging delivery

Characteristics of Effective Oral Presentations

- Organized, logical, coherent
- Focused and relevant to audience needs
- Short; within assigned time limits
- Active
- Positive
- Engaging
- Jargon free
- Visually aided

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Preparatory Stage

Before You Start

Review—

- –Proposed outcomes
- –Learning objectives
- -Instructional design
 - Match activity to learning goal
 - Performance based
 - Variety and interest
 - Interactivity

Before You Start Preparing Your Presentation (1)

- Know—
 - -Who your audience will be-
 - Numbers
 - Needs
 - Attitude
 - Knowledge level
 - Environment
 - Demographic information

Before You Start Preparing Your Presentation (2)

- Know-
 - What your presentation is trying to accomplish
 - Information
 - Persuasion
 - Motivation
 - Your presentation space
 - Setup
 - AV equipment

Before You Start Preparing Your Presentation (3)

- Decide—
 - Formal or informal
 - Lecture style or interactive
- · Recognize-
 - Your presentation limits
 - Target time; length of presentation
 - Your personal limits
 - That it is YOUR presentation

Preparing for Your Presentation: Content

- Title of presentation; name of presenter
- Introduction
- Objectives
- Main points
 - As many slides as necessary and as time allows
 - Each supported by a limited number of critical detail slides
- Summary
- Credits

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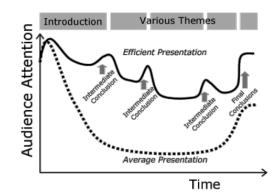
Types of Activities: Choose the appropriate activity

- Mini-presentation
- Whole group discussion
- Small group discussion
- Two-person discussion
- Role play
- Simulation
- Case studies
- Video

Introduction Styles for your Presentation

- Different styles
 - -Position, action, benefit
 - -Anecdote
 - -Humor
 - -Involving question
 - -Rhetorical question
 - -Shocking statement
 - -Quotation

Keep the Audience Engaged



Preparation for Your Pre	sentation—
Practicell	

- Importance of being well prepared
 - Finalize your presentation before the last minute
 - Practice with "dry run-throughs"
- Assume and plan for the worst
 - None of the AV equipment works
 - The LCD doesn't have your version of PowerPoint
 - You're the last speaker on and everyone else speaks over their allotted time

Summary: Preparation

- Features of a good presentation
- Audience
- Content
- Organization of presentation
- Prepare for the worst
- Practice, practice, practice

Presentation

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4	

It's Your Big Day!

- Arrive early for setup
- Check the room setup
 - Lights
 - Temperature
 - Audio Visuals
 - Microphone
 - Water
 - Pointer
- · Dealing with nerves

Making the Presentation: Some General Tips

- · Start on time
- Gesture—non-verbal communication
- Eye contact—where to look?
- Breathing
- Microphone
- Notes pages—slides; OHP
- Use of laser pointer

Speaking Pace and Style (1)

- Catch the audience's attention
- Do not race through your presentation
- Enunciate clearly
- Do not use slang or acronyms
- Try not to read your slides or presentation

Speaking Pace and Style (2)

- Look at your audience; speak as if to an individual
- Avoid a monotonous tone; express yourself
- Stay focused and on time
- Remember that you are in charge—this is your presentation

Other Ways of Retaining Interest and Attention

- Use a summary slide
- Break for discussion
 - Pose a question to discuss with neighbor
- · Ask for show of hands
- Stop for questions on that section before continuing
- Remain silent while the audience reads a slide—most often a quote

Handling Questions and Discussion

- Repeat the question asked, but make it brief and to the point
- Respond to the point raised; do not ramble
- If you do not know an answer—
 - Say so
 - Provide follow-up to person asking the question

- 4	
4	

Summary: Presentation Techniques

- Presentation techniques—
 - Be prepared
 - Voice and non-verbal communication
 - Keep points simple
 - Introduction
 - Keeping interest
 - Use clear handouts and visual aids
 - Handling questions

Using Questions

- Purpose—
 - Cause attention
 - Give information
 - Start participants thinking
 - Bring discussion to a conclusion
 - Get information
- Questions should preferably require reasoning rather than memory

Asking Questions (1)

- · Ask questions that encourage responses
- Ask open ended questions e.g. "what do you think about...?"
- Pause to give participants time to think
- If there is undue hesitation, direct the question to a group or person
- Listen to the answer—repeat if you think the others did not hear

A	A
4	4

Asking Questions (2)

- Respond or ask other participants to comment
- When responding, don't speak only to that person, speak to the whole group
- If YOU are asked a question, consider deflecting it back to the group for answers

Some Final Tips

- Learn your participants' names
- Keep presentation sections to a minimum and make them short
- · Prepare well
- · Avoid too many visuals
- Allow time for story telling
- Keep the participants involved
- Keep to your time schedule—you are in charge

Time Management

"Time is nature's way of keeping everything from happening all at once."

Anonymous

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4	·

WHAT TO DO WHEN THINGS GO WRONG

If your materials get lost, stolen, or held up somewhere:

- 1. Remember extra transparencies and transparency markers bring these in your baggage
- 2. Bring hard copies of the binders with you
- 3. Handouts and all original copies should remain in Originals Box handouts/overheads/power points/reference documents
- 4. Bring lots of flip chart markers in case you end up using mostly flip charts
- 5. Buy lots of white paper so that when you are supposed to use note cards or print out signs, you can write what you need on the sheets.

If Equipment does not work properly:

- 1. Extension cables If you can, bring your own
- 2. Bring BOTH power point slides and overhead transparencies in case one does not work
- 3. Any forms you plan to use (i.e.Pre-post tests, Final Evaluation forms) have done and print out before you leave in case you do not have access to a printer
- 4. Any signs you will need for the training (e.g. Name and hall where the training is at) should be printed out and brought with you to the training

WHAT CAN SAVE YOU WHEN EVERYTHING STILL GOES WRONG

If your materials get lost, stolen, or held up somewhere:

- 1. Plan on buying more supplies when you get to the place where the training is going to be held
- 2. If you cannot print out transparencies before you get to the training, you can try and print them out when you get to the training
- 3. If you cannot print at the training, write them on flip chart paper

If Equipment does not work properly:

- 1. If both the power point and overhead projectors fail, plan on using flip charts
- 2. If the computer does not work, take notes by hand

DON'T FORGET!!!

- 1. Don't make assumptions.
- 2. If you don't know if you will have access to it where you are going, bring it with you.

SESSION 5: APPLICATION OF PRINCIPLES LEARNT

Session Outline

Duration: 3 hours 15 Minutes

Objective

At the end of this session, participants will be able to:

- Identify the presentation and workshop techniques appropriate to each session of the course on effective management of Laboratory commodities
- Understand the outline and content of the course on effective management of Laboratory commodities for staffs handling Lab commodities
- Be able to execute all training methods used in the course

Content

Individual exercise to assess presentation and facilitation skills, group discussion management and case study execution

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Individual exercise to assess presentation and facilitation skills, group discussion management and case study execution	Lecture Group and Plenary Discussion	3 hours 15 Min- utes

SESSION 5: APPLICATION OF PRINCIPLES LEARNT

Session 5

Application of Principles Learnt



Objectives

- By the end of this session, participants should be able to—
 - Identify the presentation and workshop techniques appropriate to each session of the course on effective management of Laboratory commodities
 - Understand the outline and content of the course on effective management of Laboratory commodities for staffs handling Lab commodities
 - Execute training methods used in the course



Activity 1:Individual Take Home Exercise

- Select a unit from the Laboratory Commodity Management Curriculum.
- Review the outline and content of the unit by reading through the power points, trainers notes and participant handouts
- Prepare a 5 Minute presentation that you will make incorporating the training principles you have learnt.

Suggested Units: Receiving Laboratory Commodities, Storage of Lab Commodities



Activity 2: Case studies & Plenary Discussion

- Select a case study in the Effective Management of Laboratory Commodities Curriculum
- Prepare and conduct the case study session.

Suggested case study: Completing the FCDRR



Activity 3: Group Discussions

- Select a group discussion from the Effective Management of Medical Laboratory Commodities Curriculum
- Prepare and conduct the group discussion exercise

Suggested group discussion: How to prepare an SOP



Thank you



SESSION 6: EVALUATION OF TRAINING PROGRAMS

Session Outline

Duration: 45 Minutes

Objective

At the end of this session, participants will be able to:

- Explain the rationale for evaluating training programs
- List methods of evaluating training programs

Content

Training evaluation methods, reasons for evaluating training

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Training evaluation methods, reasons for evaluating training	Lecture Discussion	45 Minutes

SESSION 6: EVALUATION OF TRAINING PROGRAMS

Session 6

Evaluation of Training Programs



Objectives

- At the end of this session, the participants will be able to:
 - Explain the rationale for evaluating training programs
 - List methods of evaluating training programs



Why Evaluate?

- Trainers MUST EVALUATE in order to:
 - Maintain standards and improve learning
 - Establish whether the objectives have been met/ the problem being addressed through training has been solved
- Feedback is sometimes negative and participants can be cruel. Nevertheless, feedback is helpful and must be sought for ALWAYS!!!!!



Discussion

How can you evaluate a training program?



Training Evaluation

- · Can occur at various levels:
 - Reaction level
 - Participant Learning level
 - Job Performance level



Training Evaluation

- Reaction level: Reaction of trainees to the trainer, content, teaching methods etc during learning
 - Check for facial expressions and accompanying emotions
 - Pay attention to questions asked and comments by the participants
 - Assess the feedback provided and responses to exercises/ group discussion reports
 - Self, peer, participant or expert evaluations can be useful



Training Evaluation

Participant Learning level: Immediate effects of the training. Evaluates knowledge, skills and attitudes that participants have gained through the training

- Pre and Post test questions
- Self evaluation/ assessment
- Continuous assessment tests (CATS)
- End of term/ semester/year exams (ETEs)



Training Evaluation

Job Performance level: Measures whether participants are applying the knowledge and skills learnt

 Check for changes in outputs, realization of targets



Sample Evaluation Form

	V. adequate	Adequate		Poor	V. poor
	5	3	4	2	1
The teacher was able to:					
Arouse my interest					
•Encourage participation					
·Simplify complex ideas					
• Relate issues to real world					
•Provoke me to think					
•My overall reaction for this session is					



SESSION 7: PLANNING AND PREPARATION FOR A TRAINING WORKSHOP

Session Outline

Duration: 1 Hour 15 minutes

Objective

At the end of this session, participants will be able to:

- Discuss practical tips for planning and preparation for a workshop
- Develop a checklist for workshop preparations
- Outline the process of planning for a field/ site visit

Content

Logistical preparations for a workshop, useful checklists, preparations and considerations for field/site visits

Lesson Plan Guide:

UNIT	CONTENT	ACTIVITY	TIME
1	Logistical preparations for a workshop, useful checklists, preparations and considerations for field/ site visits	Lecture Discussion	1 Hour 15 minutes

SESSION 7: PLANNING AND PREPARATION FOR A TRAINING

Session 7

Planning and Preparation for a Training Workshop



Objectives of the Session

- By the end of this session, participants should be able to;
 - Discuss practical tips for planning and preparation for a workshop
 - Develop a checklist for workshop preparations
 - Outline the process of planning for a field/ site visit



Planning for a Training Workshop

"People don't plan to fail, they fail to plan"

5Ps - "Prior planning prevents poor performance"



Planning for a Training Workshop

Vital Questions

- What is the training about?
- Who should attend the training?
- When to hold the training?
- Where to hold the training?
- What training methods to use?
- What training materials will be needed?
- Who will be the facilitators?
- How much will it cost?



Group Discussion

 You have been asked by your DMOH to organize a one day workshop on determining Internal Quality Control (IQC) in the Lab. Develop a "to do list" for the workshop



Workshop Checklist (1)

- Set training Dates
- Venue
 - Select appropriate venue
 - Visit training venue prior to the training
 - Check the set-up: U- shape, cabaret, classroom
 - Check the lighting, ventilation, rubbish bins, sockets
 - Set up equipment
 - Discuss meal plans and ensure special diets can be availed



Workshop Checklist (2)

- Equipment
 - select appropriately (projectors, microphones, flip chart stands, extension cables), DVD player, camera
 - Test the equipment
- Budget
 - Develop a budget capturing all the required resources e.g. venue, materials, meals, equipment hire
 - Seek approval from relevant authority/person



Workshop Checklist (3)

- Participants, Facilitators and guest
 - select appropriately
 - send invitation letters
 - send copy of program and materials to facilitators and guest speakers
 - Conduct facilitators meeting prior to training



Workshop Checklist (4)

- Training Materials
 - Prepare training materials (handouts, evaluations, training program, stationery, name tags)
 - Prepare registration package- registration and reimbursement forms, welcome letter, certificate name list



On the Training Day (1)

- · Arrive early for final checks
- Greet participants at door, if possible
- Direct participants to the registration desk for name tags, handouts
- Advise participants where to sit, especially if pre-arranged
- Facilitate introductions and icebreakers



On the Training Day (2)

- Collect receipts and finalize expense reimbursement forms
- Ask participants to sign attendance sheet every day
- · Finalize and distribute certificates



Preparing for a Field/ Site Visit



How to Prepare for a Site Visit

1. Selecting the Site

<u>Criteria</u>

- Site that has been offering laboratory services for at least 1 year
- Site that has good Laboratory commodity management practices
- Site that has at least 1 Laboratory Staff trained in Lab commodity Management
- Adequate space to accommodate participants as well as allow for usual activities
- · Proximity to training venue
- 2. Write a letter to the site requesting use of their facility
- 3. Follow up on the letter stated above



How to Prepare for the Site Visit

- 4. Visit the site
- Assess stations for adequacy of space (bulk store & working area)
- Identify preceptors
- Brief site staff on:-
 - Number of participants expected
 - Time of visit, duration at each station
 - Key areas of observation
 - Their role
 - · guiding participants through practicum visit
 - · briefing participants on processes at each station
 - · answering questions
 - · participation in plenary discussion (at the training venue) if possible



How to Prepare for the Site Visit

- 5. Make Transport Arrangements
- Review the Practicum Power point and insert complete Group Assignment Flow and Logistics
- 7. Contact the site to re-confirm prior arrangements.
- 8. Reconfirm transport arrangements



Group Assignments: Flow

	·	
Station	Group 1	Group 2
	Insert facilitator 1	Insert facilitator 2
Store	9.00 am to 10.am Insert time if different	10.am to 11 am Insert time if different
Work area/Laboratory (different departments)	10 am to 11 am Insert time if different	9.00 am to 10 am Insert time if different

Time table for Preparing For a Site Visit

Activity	Timeline
Site Selection	1 month before start of training
Sending Letter	3 weeks before start of training
Follow up on Letter	2 weeks before start of training
Visiting Site	2 weeks before start of training.
Arranging for Transport	1 week before start of training
Review Practicum Orientation PowerPoint	1 week before start of training
Reconfirm with Site. Reconfirm transport arrangements	2-3 days before start of training

Thank You



Sample Workshop Checklist for Training Course on Effective Management of Medical Laboratory Commodities

PART 1: PREPARING FOR THE TRAINING		
	Tick if Completed	Comments
Write an official letter to Heads of NPHLS/DMLNTBS to request the training and accompanying materials.		
Obtain materials from supplier CD Rom Trainers manuals Participants handouts		
3. Select participants in collaboration with Provincial Medical Lab Technologist (PMLT) or other appropriate staff.		
4. Send a list of participants to NPHLS/DMLNTBS and request for certificates		
5. Select Trainers. Liaise with NASCOP/ NPHLS/DMLNTBS and MSH to get list of TOTs.		
6. Send invitation letters to participants		
7. Send invitation letters to facilitators		
8. Prepare timetable using template timetable in CD Rom		
9. Liaise with all facilitators to ensure that sessions are updated to reflect most current changes in guidelines, policies.		
10. Review each trainers sessions		
11. Ensure certificates have been printed and signed by appropriate authorities		
15. Print sufficient copies from CD rom of		

PART II: DURING THE TRAINING		
	Tick if Completed	Comments
1. Administer		
a. pre-testb. pre training self assessment questionnaires		
b. Fre training son assessment questionnaires		
2. Complete marking the pre-test		
3. Hold facilitators meeting at the end of each day to review progress		
4. Administer		
a. post-test		
b. post training self assessment questionnaires		
5. Mark post-test		
6. Administer participant evaluations		
a. after every session		
b. overall evaluation at the end of the training		
7. Administer facilitator evaluations after each of the session taken (one form per facilitator)		
PART III: AT THE END OF THE TRAINING		
1. Send to PMLT and sponsor		
Copy of participant registration list		
10. Review each trainers sessions		
11. Ensure certificates have been printed and signed by appropriate authorities		
2. Send To sponsor		
Results of pre and post tests		
Results of evaluations (participants and facilitators) Convert participant registration list.		
Copy of participant registration listCopy of certificate template		
Training report		

Materials and Logistics Checklist

Room:

- 1. Reserve conference room or negotiate who is going to do that.
- 2. There are enough tables and chairs for participants to be comfortable and for group work.
- 3. Participants can see the trainers without having to turn around or strain their necks.
- 4. Participants can see and hear each other easily.
- 5. The flip chart stands are placed where all participants can see them.
- 6. There is a trainer's table at the front of the room for materials and one at the back or side of the room for trainers to sit at when a colleague is in charge of a session.

,,,,,,,,,,,,,,,,,,

- 7. Lighting and ventilation are adequate.
- 8. All electrical equipment (projectors, microphones, etc.) is in working order.
- 9. There are working electrical outlets
- 10. There are trash bins
- 11. Participant materials are ready to be handed out

Equipment:

- 1. Flip chart stands
- 2. LCD projector
- 3. Laptop for overhead projection
- 4. Extension cables
- 5. Adapter (if needed)

Supplies:

- 1. For each Participant
 - a. Name tag
 - b. Desk name plate
 - c. Writing Pad
 - d. Training Course Participant Handouts
 - e. Pen
 - f. Pencil
 - q. Pencil sharpener
 - h. Eraser
 - i. Folder
- 2. Staple Supplies (Things you will need at every Training)
 - a. Flip chart paper
 - b. Flip chart markers
 - c. Masking tape
 - d. Scotch tape
 - e. Tape dispenser
 - f. Glue stick
 - g. Paper punch
 - h. Stapler
 - i. Staple remover
 - j. Staples
 - k. Paper clips
 - Scissors
 - m. Extra printing paper

SAMPLE PARTICIPANT REGISTRATION LIST

LABORATORY COMMODITIES MANAGEMENT TRAINING COURSE FOR PERSONNEL HANDLING LAB COMMODITIES

DATES

Certificate # (for official use only)				
Signature				
Email address				
Mailing address				
Telephone Number Mailing address				
Cadre				
Facility/Station				
Name				

SAMPLE LETTER FOR PRACTICUM SITE VISIT

Date:
Address:
RE: USE OF FACILITY LABORATORY AS PRACTICUM SITE FOR TRAINING COURSE ON EFFECTIVE MANAGEMENT OF MEDICAL LABORATORY COMMODITIES
This letter is to kindly request your authorization to use the Hospital Laboratory as a practicum site for the above mentioned training workshop on from 9.30 am to 12 noon.
The training is organized by and shall take place from in Nairobi. The goal of this
workshop is to provide the necessary knowledge, skills and attitudes to Laboratory staff to enable them function efficiently and effectively in the provision of Laboratory commodity management services.
The course strives to provide participants the opportunity to visit a site that is already providing efficient laboratory services.
Thank you for your continued support.
Yours Sincerely Dr
Cc: Chief Laboratory Technologist, XXXX Hospital

SESSION 8: PLANNING AND PREPARATION FOR A TRAINING

Duration-1 hour

Action Planning



Action Plan

- Number of workshops
- Number of participants per workshop
- · Proposed dates of workshops
- Proposed venues for workshops
- Tentative budgets for accommodation, meals and transport

Note: Training materials will be provided Assume 2 days per workshop



Budget template

Pro	ovince	Cou	inty	District	
#	Proposed	Number of	Names of	Estimated Cost Per Wo	rkshop
	Dates	participants	Proposed Venue	Item	Cost
				Accommodation	
				Conference Package	
				Transport	
				Reimbursements	
				Dinner Allowances	
				Accommodation	
				Conference Package	
				Transport	
				Reimbursements	
				Dinner Allowances	

Note: Each province should retain a copy of the plan

ACTION PLANNING TEMPLATE FOR IMPLEMENTATION OF TRAINING COURSE ON EFFECTIVE MANAGEMENT OF MEDICAL LABORATORY COMMODITIES

	Province		County		District			
Pro	Proposed Dates	Number of	List of	Proposed	Estimated Cost Per Workshop			
		participants	Facilities	Venue	Item	Item Cost	Total Cost	
					Accommodation			
					Conference Package			
					Transport Reimbursements			
					Dinner Allowances			

APPENDIX 1: SAMPLE COURSE TIMETABLE TRAINERS OF TRAINERS (TOT) COURSE ON EFFECTIVE MANAGEMENT OF MEDICAL LABORATORY COMMODITIES

Venue:	Dates:
Volido:	Butco:

	DAY 1	
TIME	SESSION	FACILITATOR
8.30-9.00 AM	Registration	
9.00- 9:30 AM	Climate Setting, Norms	
	Introductions	
9.30- 9.45 AM	Welcoming Remarks	
9:45 – 10:00 AM	Self Assessment	
10.0-10.30 AM	Session 1: Course Overview	
10.30-10.50 AM	TEA BREAK	
10.50-12.05 PM	SESSION 2: Effectiveness in Training	
12.05- 1.30 PM	SESSION 3: Training Methods and Skills	
1:00-2:00 PM	LUNCH	
2.00 - 3.30 PM	SESSION 4: Presentation and Facilitation Skills	
3.30 - 3.45PM	SESSION 5: Application of Principles Learnt	
3.45 - 4.45PM	Session 5 Assignments -Group and Individual Preparations	
4.45- 5.15 PM	TEA BREAK	

DAY 2					
TIME	SESSION	FACILITATOR			
8.30 – 8.45 AM	Recap				
8.45 – 10.45 AM	Session 5 Presentations By Individuals and Groups plus Plenary Discussion				
10.45-11.15 AM	TEA BREAK				
11.15- 12.00 AM	Session 6: Evaluation of Training Programs				
12.00-1.15 PM	Session 7: Planning and Preparation fro a Training Workshop				
1.15- 2.15 PM	LUNCH BREAK				
2.15- 3.15 PM	Session 8: Action Planning				
3.15 – 3.40 PM	Way Forward Self Assessment/ Evaluation Overall Course Evaluation				
3.40- 4.10 PM	Closing remarks and Certification				
4.10-4.30 PM	TEA BREAK				

Assessment of Presentation/ Facilitation Skills/Participants

No	Aspect	Rate (/10)	Comments
1	Introductions		
2	Gestures		
3	Eye Contact		
4	Content		
5	Physical Presentation		
	,		
6	Voice control		
7	Handling questions		
8	Interaction with		
	participants		
	har nathanna		

APPENDIX 2: SELF EVALUATION / ASSESSMENT

Part A:

Please answer the following questions as candidly as possible. Your responses will guide the trainers on areas to emphasize on during the training.

- 1. My strengths as a trainer/facilitator are...
- 2. Areas I want to develop are...
- 3. Areas I have improved in are...

APPENDIX 2: SELF EVALUATION / ASSESSMENT

Part B: Rate yourself by putting a check mark in the appropriate box.

How well can you identify and apply the following?

		l		١.				l	_	0	—	0	က	4	2	9	_
OBJECTIVE/ABILITY AREA	Appropriate curricula and sources for teaching materials	Components of effective teaching	Effective and likeable teaching	Microteaching skills	Modern innovative teaching skills	Group dynamics in teaching of adults	Techniques for audiences/barriers for effective communication	Traditional teaching methods	Modern innovative teaching methods	Techniques of assessing teaching	Techniques of teaching attitudes	Powerful presentation techniques	Illustration techniques in medical education	Planning for and evaluation of medical education	Facilitation techniques for workshops	Course preparation logistics	Theories of learning
Very Poorly 1																	
Poorly 2																	
Average 3																	
Well 4																	
Very Well 4																	

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APPENDIX 3: SESSION EVALUATION AND FEEDBACK

Dat	e						
	ructions: Please put a check mark in the box that be					1	
#	Performance	Very Poor 1	Poor 2	Average 3	Good 4	Good 4	Very Good 5
1	Rate the performance of the facilitator						
2	Rate the performance of the participants						
3	Rate the small group activities						
4	Rate the management of plenary sessions						
5	Rate the extent to which the objective of the session was met						
6.	What did you like best about the session?						
7.	What did you like least about the session?						
8.	What improvements would you make for this s	ession?					
9.	Additional Observations/Remarks?						

APPENDIX 4: OVERALL COURSE EVALUATION

TOT COURSE ON LABORATORY COMMODITIES MANAGEMENT FOR STAFFS HANDLING HEALTH COMMODITIES

PART A: ACHIEVEMENT OF OVERALL WORKSHOP OBJECTIVES

Please indicate to what extent the overall workshop objectives where achieved by putting a check mark in the appropriate column

#	Objective	NOT MET	TO SOME EXTENT	GOOD EXENT	GREAT EXTENT
		1	2	3	4
А	Enable you to identify and use appropriate adult learning techniques for facilitation				
В	Enable you to demonstrate a range of training and teaching methods				
С	Enable you to improve presentation and oral skills.				
D	Enable you to apply various multimedia aids for training workshops				
Е	Enable you to organize training workshops based on available resources				
F	Enable you to identify critical steps in organizing a workshop				
G	Enable you to create a checklist for organizing and executing a workshop				

PART B: OVERALL COURSE ORGANIZATION

Please indicate what you feel about the following aspects by circling the number of your choice

	POOR	AVERAGE	GOOD	VERY GOOD
1. Organization of the workshop	1	2	3	4
2. Time Management	1	2	3	4
3. Time allocated to sessions	1	2	3	4
4. Management of discussion sessions	1	2	3	4
5. Meals and Accommodation	1	2	3	4
6. Conference room facilities	1	2	3	4

PART C: OVERALL CONTENT

Please circle where appropriate

1. The content was	Simple	Appropriate	Complex
2. The workshop covered all essential topics	No	To some extent	Yes
3. How well were topics covered?	Poorly	Well	Very Well
4. Facilitators were clear and easy to understand	No	To some extent	Yes
5. Were the topics covered relevant?	No	To some extent	Yes
6. Will this workshop enable you to train others	Yes	No	To some extent

1. What expectations were not met?	
2. How can this TOT training course be improve	

Notes

